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# ADULT STUDENT HANDBOOK 2019

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Emergency number: 07813 818 516 and 07813 817 811



Dear Student,

Welcome to the Globe English Centre.

We hope you will have a wonderful time here, make good progress with your English and meet new friends.

This handbook is to provide you with information to make your stay more enjoyable. It contains information about:

- **Your English Course**
- **The School and its Facilities**
- **The Social Programme**
- **Living in Exeter and in England**

At the Globe, we want to give you support, advice and a friendly environment where you can feel comfortable and relaxed, and where learning English is both enjoyable and effective. If there is anything you don't understand or need help with please don't hesitate to ask a member of staff.

Thank you for choosing to study at the Globe English Centre.

Enjoy yourself,



**Anton Borgen Davis**  
Director



**Chrissi Florides**  
Director of Studies

**Cathy Sharpe**  
Assistant Director of  
Studies

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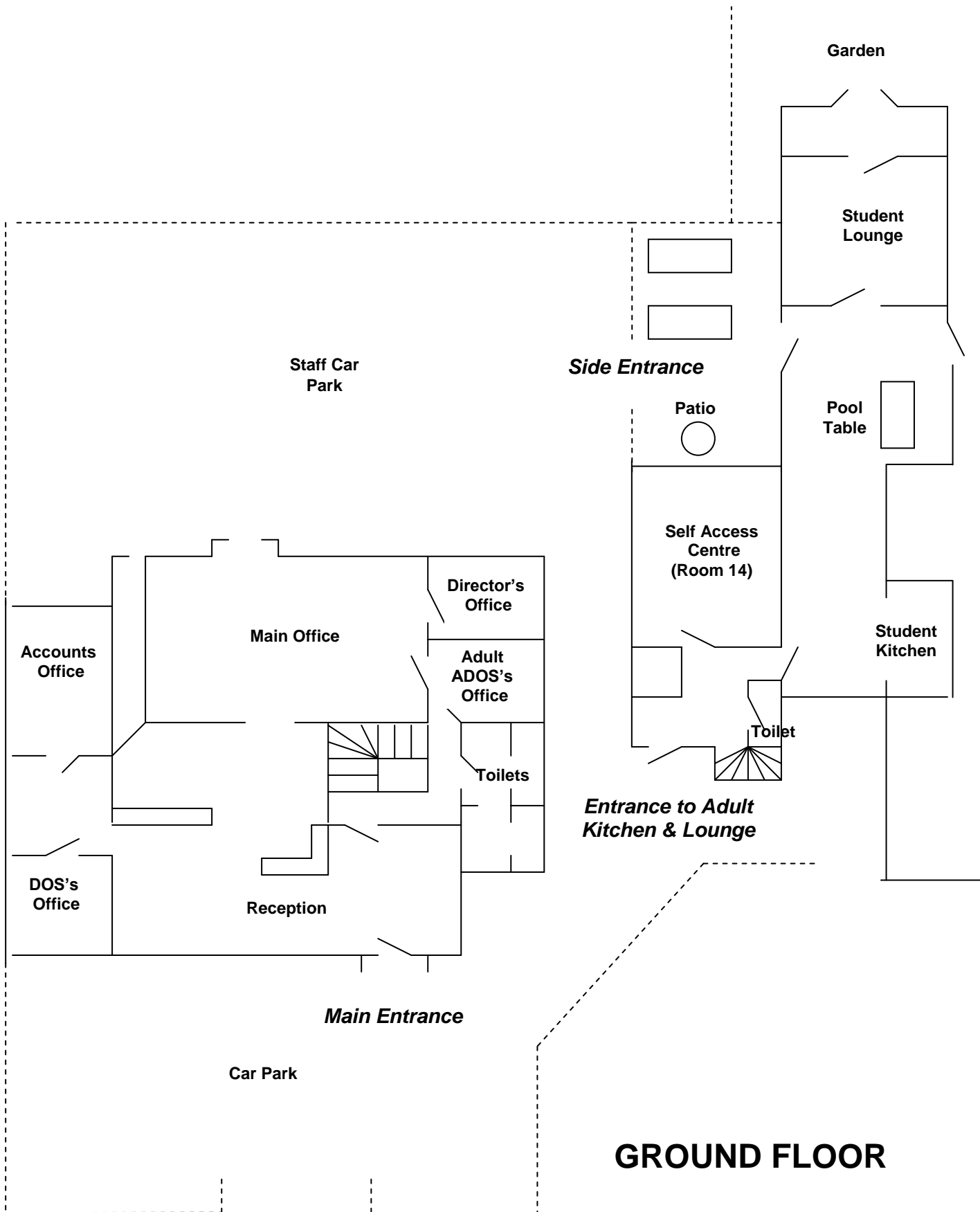
### **The Globe English Centre**

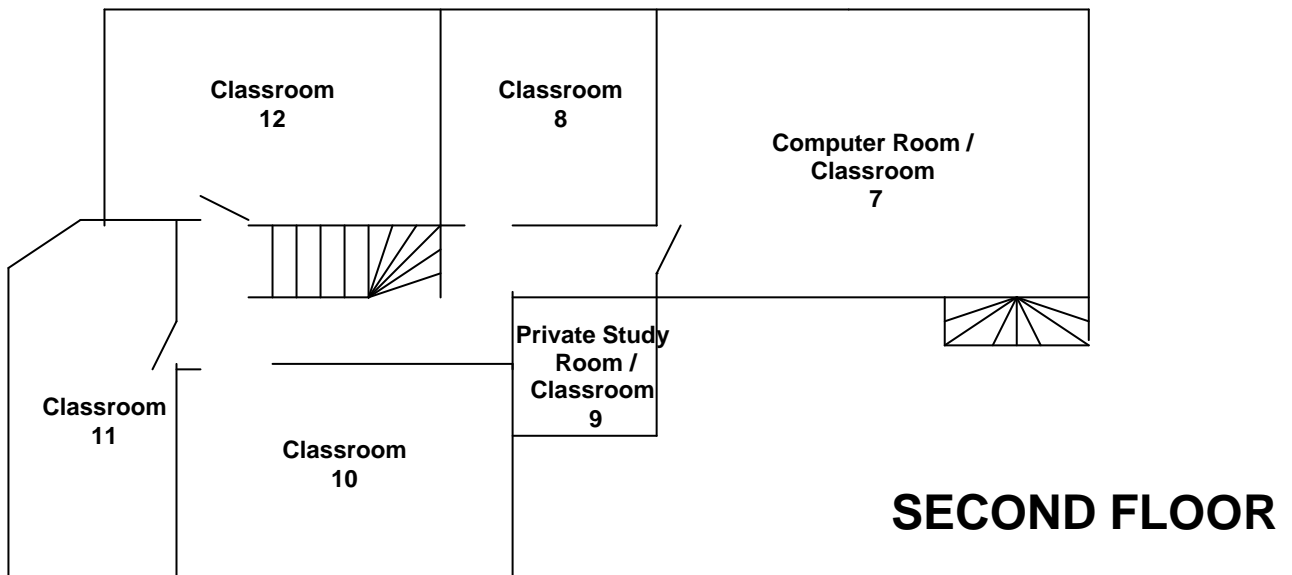
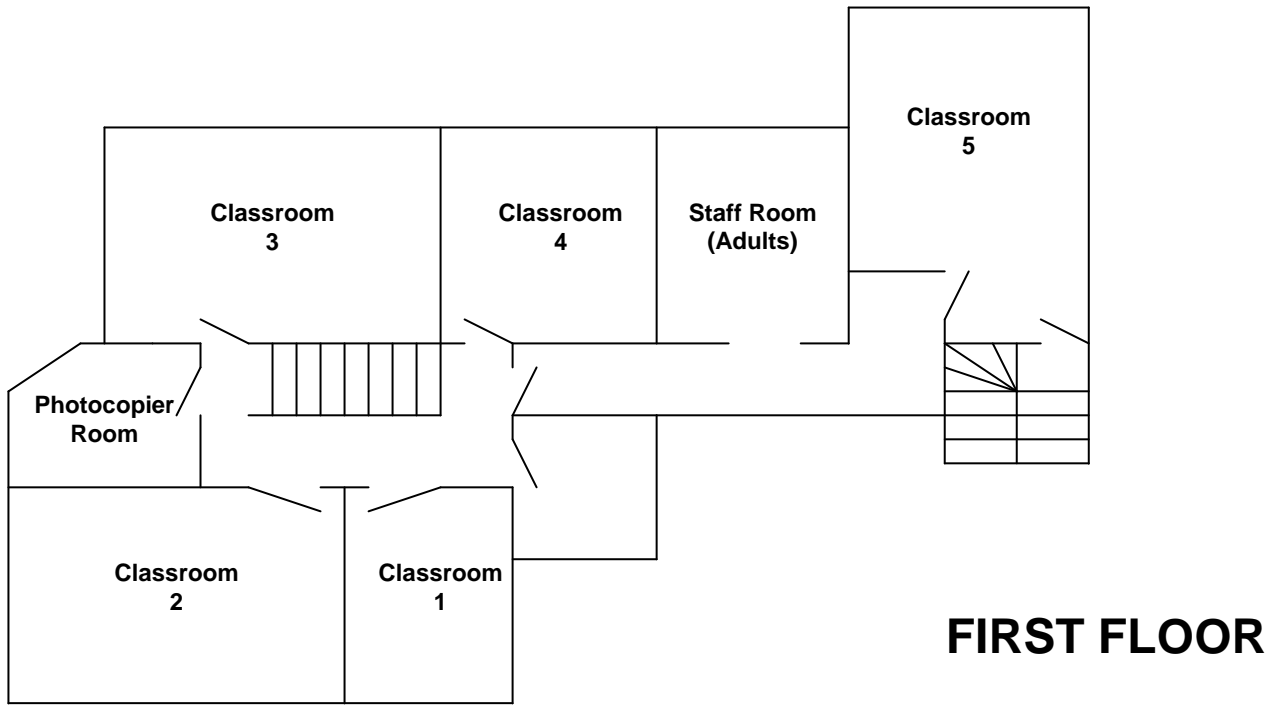
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# MAP OF THE ADULT SCHOOL





<b>THE GLOBE STAFF</b>
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Director	<b>Anton Borgen Davis</b>	Office - Ground floor
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Director	<b>Catherine Borgen</b>	Main Office
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**ACADEMIC MANAGEMENT**

Director of Studies (Courses, teaching staff, exams)	<b>Chrissi Florides</b>	Office - Ground floor
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Assistant Director of Studies - Adults (Adult classes, teachers & students)	<b>Cathy Sharpe</b>	Office - Ground floor
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Assistant Director of Studies - Juniors (Junior classes, teachers & students)	<b>Paul Carr</b>	Office - Second floor, Junior School
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**ADMINISTRATION AND SUPPORT STAFF**

Individual Registrar	<b>Emily Laugharne</b>	Reception
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Individual Registrar	<b>Laura Evans</b>	Reception
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Reception Manager	<b>Sarah Haydon</b>	Reception
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Accommodation Officer	<b>Julie Marriott</b>	Main Office
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Adult Social Programme Co-ordinator	<b>Cassy Jolly</b>	Main Office
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Accounts/Finance	<b>Julie Ferguson</b>	Main Office
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Group Registrar	<b>Karin Hunter</b>	Main Office
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Activities Co-ordinator	<b>Sarah Howell</b>	Main Office
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Marketing Co-ordinator	<b>Nicki Shokar</b>	Main Office
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IT Support	<b>Joe Sherwani</b>	Computer Room
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Head Caretaker	<b>Alan Worth</b>	Junior School
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Assistant Caretaker	<b>Maya Fleming</b>	Junior School
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*\*If you would like to speak to one of our staff, please come to reception to arrange this.*

## THE SCHOOL AND FACILITIES

### MISSION STATEMENT

We aim to provide a safe and nurturing environment where all students are respected and valued, and where they can learn and grow to enable all to have the best outcomes.

We promote mutual respect, acceptance and tolerance of each other, regardless of age, gender, ability, culture, race, language, religious belief or sexual identity. All students have the right to protection and to participate in the school's activities in a safe environment.

We believe in equality, democracy and the freedom to voice our opinions. However with freedom comes responsibility and free speech that is designed to manipulate or harm goes against our moral principles.

### RECEPTION and ADMINISTRATION

There is always a caring and efficient team on the premises to help you. If you have questions about your course, accommodation, payment of fees, visas or general items, or if you want to buy phone cards, bus passes or stamps then go to reception where our school receptionist will be happy to help.

#### Assistance with English

If any student, especially students with little English, would like any help with registering, making Doctor's appointments, visiting Dentists etc..., please talk to any member of staff or go to reception .

#### Telephone calls / emails

If someone phones you or emails you at school, we will take the message and pass it to you as soon as possible. We are sorry, but we are unable to call you from your class unless it is an emergency.

#### Receiving letters or parcels

Letters sent to you at school will be kept at reception. You may check the reception desk to see if there is any post for you.

#### First aid

If you need any emergency treatment, there are qualified and trained members of staff to help you. Contact reception.

#### Travel / social programme / activities

If you need help in booking or organising trips or activities, please come to reception or see Cassy Jolly, the Social Programme Co-ordinator. You can also find out what's on in the area and receive some general tourist information and advice to make your stay more exciting and interesting.

### SELF ACCESS CENTRE AND COMPUTER ROOMS

**Please switch off your mobile phone, do not eat or drink and do not use personal stereos for quiet study. Thank you.**

- The Self Access Centre (SAC) is on the ground floor in room 14. The Computer Room is on the second floor in room 7. There is also a small private study room with two computers in on the second floor in room 9. They are open from 8.00am until 5.00pm.

- There is a photocopier in the SAC for students to use; it is free, but please be sensible about the amount of copying you do and bear in mind the copyright laws.
- You may sign out readers & novels from the SAC, but please do not take any other books, CDs or cassettes away.
- Please feel free to use empty classrooms to work in if you prefer. In the Summer, when the SAC is very busy, it is probably a very good idea to use empty classrooms.

### **Help and advice**

We have two SAC Tutors:

- Mark Stephens who looks after the materials and who also offers a SAC clinic / tour every Tuesday from 3.15 - 4.00
- Joe Sherwani who can assist you with technical issues regarding using the computers or connecting your laptops to our network. Joe is available from 1.30 -4.00 every day except Wednesdays.

### **The Self Access Centre**

- The SAC can help you learn English, so try to use the facilities as often as you can.
- If you are not sure what to study, use the 'Advice Sheet' for your level. They give suggestions on what and how to study.
- Ask your teachers which skills you need to practise and try some of the exercises in the SAC. Try a different exercise every day.
- If you are taking an exam, try to study exam material after your lesson every day.

### **The Computer Room and Wi-Fi facilities**

- There are nine computers with broadband internet connections for students to use.
- If you have brought your own laptop, there is a wireless connection throughout the school. To connect you must find the *GlobeHP* network and the password is "GLOBE" There is also cable access if you need it.
- If you need to e-mail you must use a web service like 'hotmail' or 'yahoo'.
- There are a variety of programs installed on the computers to help you improve your English – check the notice board in the computer room for further information.
- There is a list of useful internet sites in the 'computer file' which can help you with learning English, or ask Joe to recommend some to you.

### **The Private Study Room**

- We have a small, quiet study room with two computers with Skype on and a laptop cable available for students to use.
- You can book the room for a maximum of 30 minutes (longer when the school isn't busy) – just write your name up on the booking sheet.

## **COMMON ROOMS AND KITCHENS**

Free tea and coffee is available to students in the Adult kitchen. Students are welcome to make use of our kitchen facilities for their own lunches or dinner parties in the evenings. However:

- Please do not take any food or drink into the classrooms
- Please leave the area as clean as you found it and wash your cups!



## **SMOKING**

The school is a non-smoking school. You may smoke on the side terrace at the back of the adult school. Please use the pots provided for your cigarette ends.

## **FIRE DRILL: LEAVE THE BUILDING IMMEDIATELY**

Read the fire notice in your class. If the fire bell rings, please leave the building immediately by the nearest exit. Go to the front car park of the Adult School where a Globe staff will check names.

## **SECURITY IN AND OUT OF SCHOOL**

Please be careful with your handbags, wallets, purses and passports where ever you are. Do not take large amounts of cash out of the bank unless you are going to spend it immediately. If you are unfortunate enough to lose your bag or wallet, go immediately to reception to report it and we will help you report the loss and cancel any credit cards.

## **VISITORS MUST REPORT TO RECEPTION**

Your friends are welcome to meet you at the school but all visitors must report to Reception on arrival, where they will be issued with a visitors' badge.

## **COMPLAINTS PROCEDURE**

If you have any complaints during your stay, please tell us immediately. We want your stay to be a very positive and enjoyable experience.

- If you have any problems with or concerns about your **English course**, please speak to the **Director of Studies** or the **Assistant Director of Studies**.
- If you have any problems with or concerns about your **accommodation**, please speak to the **Accommodation Officer**.
- **If you have any other complaints**, please speak to the **Director of Studies**, the **Assistant Director of Studies** or **Reception** and we can then refer you to the appropriate person to deal with your complaint.

We give you the opportunity to give us written feedback during and at the end of your course. However, you must tell us about any problems while you are here rather than wait until the end of your course or when you go home. The Globe cannot deal with or be held responsible for complaints made after a student has left.

We always take our students' concerns very seriously and try our best to put things right so that you really enjoy your stay with us.

## YOUR ENGLISH COURSE

### **YOUR CLASS AND OTHER LEARNERS**

Your class will have a maximum of 6 students, so you will be able to have a lot of time to speak and practise English in class. There may be students in your class who speak the same language as you. Please try not to speak your own language in school.

### **COURSE STRUCTURE**

You will usually have two different teachers for your Core or Main Programme classes in the morning. If you are continuing studying in the afternoon you may have a different teacher or you may have one of your morning teachers again.

In the first lesson, the main focus is on grammar - your teacher will give you activities to do which will help you to think about the correct use of English. Accuracy is very important here, so your teacher will normally correct all of your mistakes during these lessons.

In the second lesson we concentrate on fluency and communication - your teacher will encourage you to take part in activities which will help you communicate more fluently. Your teacher will not correct you as much, so that you are free to try and communicate without interruption.

### **COURSE MATERIAL**

Your Core Programme teachers will be using up-to-date course books to base the course on. The Globe lends you a copy of the course book to use during lessons, but please do not write on the book and return it to us at the end of your course. If you wish to buy a copy of the course book or any other book we can order these for you – see Cathy your Director of Studies.

It is important to study from 'real-life' material, so your teachers will use a lot of authentic texts, such as TV clips, Internet clips, DVDS, radio extracts, blogs, newspapers, articles etc...to make the lessons more interesting and effective.

### **WHAT WILL YOUR LESSONS BE LIKE?**

All our teachers are well qualified and experienced. They are kind and friendly and you will probably find, before you leave, that they have become your friends. You will experience many different ways of teaching and learning. We want to help you communicate effectively, so your teachers will often make you work in twos or threes to give you as much practice time as possible. There will be work on grammar and pronunciation, as well as improving listening, reading, speaking and writing skills.

### **HOMEWORK**

You will be given homework everyday by your first teacher and occasionally by your afternoon teacher. Please try to complete it as it is an important part of studying English and is often necessary for the next lesson.

### **PROGRESS REPORTS AND TESTS**

How much progress are you making? This is an important question both for you and your teachers, so during your course, your teachers will check and test your progress regularly, and then give you advice and help when needed. You will also be offered a tutorial with your teacher (or Cathy if you prefer) once a month to discuss ways of improving your English and to solve any problems you may have with your classes or the school.

### **CHANGING LEVEL**

If you feel your class is too difficult or too easy for you, please talk to the Directors of Studies who will assess your situation.

### **SUGGESTIONS FOR STUDYING**

It is very important that you participate as much as possible in the lessons. This may be difficult at first and you may need time to get used to the teacher and the class. Learning a language is hard work! Use the Self Access Centre as much as you can to review and practise what you have studied in class. Learning does not stop when you leave the classroom. Speak with your host family and other learners as much as you can. This will help a lot with your ability to understand and communicate in English. Read English newspapers and watch TV. Try not to worry about making mistakes - this is a normal part of learning a language.

### **LEAVING CERTIFICATES**

On your last day, provided that you have attended 80% of your course, you will be given a Leaving Certificate in your last class. It will include the course or courses you have followed and the level you have reached. There will also be a report from your teachers on your English ability. If you have not attended enough classes, then we cannot issue you with a Certificate.

### **ATTENDANCE AND PUNCTUALITY**

The Globe English Centre believes that attending all your classes and being on time is very important for your own and other students' studies. We expect you to attend 100% of all your classes, including morning and afternoon lessons.

You must be in class before the lessons start. If you are late, you will be marked as absent in the class register and your teacher may not let you join the class.

If your attendance is consistently poor (less than 80%), the following steps will take place:

- You will have a meeting with the DOS or ADOS to discuss your attendance
- You will be given 2 weeks to improve your attendance
- If after 2 weeks there is no improvement you will be given a first warning letter
- You will have 2 weeks to improve your attendance
- If after those 2 weeks your attendance has not improved, you will receive a final warning letter
- You will be given 2 more weeks to improve your attendance
- If, at the end of the 6 weeks, your attendance is still poor, you will be asked to leave the school

If you are studying on a visa, we may inform the Immigration Office - this may result in them cancelling your visa.

If your absence is due to family, religious or health issues, these will be taken into account.

Students who do not show up at school on the first day are reported immediately.

### **CHANGING YOUR COURSE OR TAKING A HOLIDAY: 3 WEEKS 'NOTICE PLEASE!**

If you wish to change your course, for example take 1:1 lessons, extend or shorten your course or take a holiday, you need to inform reception immediately.

You must tell the school at least 3 weeks before you want to make any changes, otherwise you may have to pay a cancellation fee, or we may not be able to offer you the new classes or course you would like.

It is also very important that you inform the school immediately if you are planning to change your accommodation or your dates with your host family.

## SOCIAL PROGRAMME

An interesting and varied social life is an important part of your stay in England, and what better way of improving your English than to practise what you have learned in a relaxed and friendly setting on a social activity.

Glyn Ridgley, our Social Programme Co-ordinator, plans a weekly programme of events including two or three evening events, a Friday afternoon trip and a day-long Saturday trip. She is available to talk to at lunchtimes.

Activities might include:

Pub nights	Cookery workshops
Restaurant nights	International food evenings at the school
Theatre trips	Excursions to seaside towns
Cultural events	Museum visits
Karaoke nights	Five-a side football matches
Golf afternoons	Cycling afternoons
Cinema trips	Live music evenings
Boat and kayak trips	and more ...

All events are advertised on the notice board in the Adult lounge. If you would like to go on them, either write your name on the sign-up sheet or tell Cassy.

**These events are always more enjoyable when everybody attends. Add your name to the list on the adult notice board the day before an activity. The more the merrier!**

## WELFARE AND LIVING IN EXETER

### STUDENT WELFARE OFFICERS

Cathy, Debbie and Philip are your Welfare Officers, so if you have any problems or worries during your stay here, you should see one of them immediately and they will do their best to help you.

### ACCOMMODATION AND HOST FAMILIES

If you have any problems or questions regarding accommodation, please go to reception so that we can arrange a meeting with the accommodation officer. We will do our best to resolve your issues as soon as possible.

Home stays are all within a maximum of 2.8km from the School or we give students a bus pass.

We ask hosts to provide students with:

- a warm, friendly atmosphere
- the opportunity to share meals and take part in family life. Most families eat between 17.00 - 19.00
- sufficient and varied food (packed-lunch Monday-Saturday and at least one hot meal each day)
- a comfortable single room (unless specified otherwise)
- a change of bedding and towels every week if required

## HEALTH EMERGENCIES (TEL 999)

In emergency, either ring 999 for an ambulance or take the person to Accident & Emergency (A & E), Royal Devon and Exeter Hospital, Barrack Road, Wonford.

## HEALTHCARE

Medical treatment and is free under the National Health Service if you are:

- Studying for longer than 6 months
- A citizen of an EU country
- Have been living in the UK for more than 12 months
- From a country with a reciprocal health agreement with the UK
- Prescription medicine is free for under 16 or 16-18 year old in full-time education

If you are not entitled to free treatment, you are strongly recommended to buy private health insurance. You will have to pay for the medical treatment first and apply for a refund later.

## DOCTORS AND HEALTH CENTRES

If you are staying in the UK for a long time, it is advisable to register with a doctor as soon as possible.

- **Barnfield Hill Doctors' Surgery** (a surgery we recommend)  
12 Barnfield Hill, Exeter, Tel: (01392) 432761/429120
- **NHS 111**  
A free telephone service for when you need medical help fast, but it is not an emergency.
- **Exeter Walk-In Centre** (no appointment required for medical advice)  
Unit 4, 31 Sidwell Street, Exeter, Tel: (01392) 276892. Opening hours are Monday to Saturday 08.00 to 16.00, Sundays 10.00 to 16.00.
- **Royal Devon and Exeter Hospital**  
Barrack Road, Exeter, Tel: (01392) 411611. Situated next to the Emergency department at the Royal Devon and Exeter Hospital. Open seven days a week from 07.00 to 22.00.

## DENTISTS

Dentists do not offer a free service. Dental charges can be very high for both British people and foreign students alike.

- **Dental Access Centre**, Heavitree Hospital Tel: (01392) 823682

## MEDICINES

Medication, other than common medicines, cannot be obtained without a prescription from a doctor. The prescription is taken to a chemist or a pharmacy to collect the medicine. If you pay for prescriptions, each item costs about £8.60

## OPTICIANS

To get an eye test, glasses or other related treatment, you will need to see an optician. An eye test costs around £30 and the cost of frames is considerably more.

## IMMIGRATION AND VISAS

Language schools are not permitted to give out any immigration advice, so if you need help or have any questions about visas or Immigration please go to the website below:

[www.gov.uk/government/organisations/uk-visas-and-immigration](http://www.gov.uk/government/organisations/uk-visas-and-immigration)

## POLICE

The main police station in Exeter is on Heavitree Road. You should go there if you need to register or if you wish to speak to a police officer. If you need to call the police, the two telephone numbers you need are: **999** for all emergencies **101** for non-urgent situations

**TAXIS**            Exe Cars            01392 555555  
                       Apple Taxi            01392 666666

**TRAINS**            Exeter Central, Queen Street, Exeter EX4 3SB  
                       Exeter St David`s, Bonhay Rd, Exeter EX4 4NT  
                       Train timetables: [www.gjump.co.uk](http://www.gjump.co.uk) or [www.thetrainline.com](http://www.thetrainline.com)

**SUPERMARKET & PHARMACY**

**Sainsbury`s supermarket**, Guildhall shopping centre Exeter EX4 3HH  
 (08.00-19.00 Mon-Fri, Sat 07.30-19.00, Sun 11.00-17.00)  
**Co-op**, 37-39 Queen St, Exeter EX4 3SR, (07.00-22.00 every day)

**WASHING FACILITIES**

There is a laundrette opposite the Globe

**PLACES OF WORSHIP IN EXETER**

- |                                      |                                     |
|--------------------------------------|-------------------------------------|
| • Cathedral Church of St Peter       | Cathedral Green                     |
| • South Street Baptist Church        | 3 Palace Gate                       |
| • Sacred Heart Roman Catholic Church | The Presbytery, South Street        |
| • St Thomas Methodist Church         | Cowick Street                       |
| • Exeter Mosque and Cultural Centre  | 12-13 York Road                     |
| • Guru Arjan Niwas Sikh Temple       | 46 Clifton Street                   |
| • Exeter Hebrew Congregation         | Synagogue Place, Mary Arches Street |
| • St David`s Church                  | St David`s Hill                     |

**\* If you need a prayer room, please feel free to use an empty classroom at break-times.**

**A FEW IMPORTANT LAWS ...**

**Alcohol**

- You must be 18 to buy alcohol

**Cigarettes**

- You must be 18 or over to buy tobacco or cigarettes

**Driving**

- You must be 17 or over to drive a car and hold a license
- 16 for a motorcycle of 150cc and hold a license
- You must be at least 18 to hire a car and hold a license

**Drink Driving**

- Drink driving in the UK is a serious offense. The punishment is being banned for a year and fined up to £5000. Don't risk it!

**Drugs**

- All recreational drugs are illegal

## SAFEGUARDING & WELFARE POLICIES

For full description of all policies please check our website: [www.glogbeenglish.co.uk](http://www.glogbeenglish.co.uk)

At the Globe English Centre we are committed to safeguarding, child protection and current Prevent legislation. It is important that you read and understand the information below.

### **Child Protection Statement**

The Globe recognises its moral and statutory responsibility to safeguard the welfare of all students and to maintain public trust in the teaching profession. We aim to provide a safe and nurturing environment where all students are respected and valued, and where they can learn and grow to enable all children to have the best outcomes. We are alert to signs of abuse and neglect and will follow procedures to ensure students receive appropriate support and protection. The Globe operates a safe recruitment policy. All staff with responsibility for or access to under 18s are required to sign the Children's Act form and undergo a DBS check. Designated staff receive annual training and safeguarding policies are updated annually in line with changing legislation. All staff receive safeguarding level 1 training.

### **Policy Principles**

- The safety and welfare of every student is paramount.
- All students, regardless of age, gender, ability, culture, race, language, religious belief or sexual identity have the right to protection and to participate in the school's activities in a safe environment.
- All staff members have an equal responsibility to act on any suspicion or disclosure that may suggest a student is at risk of harm.
- Any allegations of misconduct will be treated seriously and will be investigated in an appropriate manner.
- Students and staff involved in child protection issues will receive appropriate support.

### **ANTI BULLYING POLICY**

The Globe English Centre finds all forms of abuse: bullying, racism and aggression, unacceptable from students, staff, Group Leaders or Host families.

Any instance of bullying, racism, or violence is NOT acceptable and the individual may be asked to leave the Globe without refund. The individual or their parents will be responsible for paying travel costs incurred

Here are some examples of actions that constitute the above:

- The use or threatened use of violence / physical action.
- Social exclusion i.e. isolating individuals.
- The use of disparaging or offensive names towards individuals / different nationalities.

- Persistent and deliberately hurtful remarks, especially referring to race / appearance / sexual orientation / gender.
- Actively spreading gossip / hurtful remarks about individuals.

Matters of staff bullying should be reported to the Director or DOS

Any problems in Host families should be reported to the DOS / Accommodation Officer / Director.

If you suspect that anyone is a victim of any type of abuse please see the Director / DOS immediately.

## **PREVENT POLICY AND STATEMENT**

**The Prevent strategy is a government initiative which applies to all extremism, such as terrorism, racism, homophobia and any extreme ideology.**

The Preventing Radicalisation policy is part of the Globe's ongoing commitment to keeping all students safe. The Globe understands and undertakes its responsibilities, under the Counter Terrorism and Security Act 2015, to prevent people of all ages being radicalised or drawn into terrorist or extremist groups. This policy outlines what we are doing to safeguard the well-being and safety of all our students.

## **E-SAFETY POLICY - FOR STUDENTS**

Today, internet use and online activities are part of everyday life for young people and adults. However it is important to be fully aware of the safe use of the internet and to avoid risks as much as possible.

The Globe has free Wi-Fi, so any student with a smart device can access the internet. However filters are in place to limit students' access to unsuitable sites and students are required to accept our terms and conditions before they can access the WIFI. These terms are also published on our website.

### **Social Networking Sites**

- Do not befriend anyone who is not known personally to you.
- Do not give out personal information (address, date of birth etc).
- Do not arrange to meet anyone that you do not know.
- Be aware that Facebook owns your pictures and can access them at any time.
- Do not send intimate photos of yourself to friends / girlfriends / boyfriends as these may be misused.
- Do not take or send photos of other students without their permission.
- You must be 13 years old to sign up to Facebook, Instagram and Twitter.
- If you see anything on a social networking site that distresses or upsets you, please tell a member of staff immediately.

### **Cyber Bullying**

Bullying is any type of comment or action that is abusive or hurtful to another person. Bullying not only happens face to face, but also online. You can get bullied, but it is also easy to become the bully without realising what you are doing.



Problems may include:

- Identity theft
- Threats
- Blackmail
- Rumours and gossip
- Abusive comments
- Violent or indecent pictures

### **Tips for E-Safety**

- Keep privacy settings on your phone / computer / iPad as high as possible
- If you do not know how to do this, please ask a member of staff
- If you see anything online that makes you feel uncomfortable, unsafe or worried, leave the site immediately and report it to a member of staff
- In extreme cases you can call the police on the free phone number 101
- Make sure your parents know your passwords, in case something happens

## **UNDER 18s IN THE ADULT SCHOOL**

**If you are a 16 or 17 year-old student, please read the following carefully.**

In line with safeguarding regulations in the UK, all students under the age of 18 are considered to be minors and we are obliged to inform you that:

- You will be taught with adult students aged 18 and over
- You will be accommodated in a private room but within a family with other students aged 18 and over
- You will be expected to attend all your classes. Any unexplained absence from class will be followed up by the Globe
- You must be home by 22.30 (in winter) and 23.00 (in summer: June – end of September)
- You will need to consult the Globe before you make travel arrangements, overnight visits or any changes to your course dates and accommodation, as the Globe will require parental consent
- Your parents will be informed if the Globe has any concerns in respect of your attendance and welfare
- You will be permitted to self-medicate with non-prescribed medicines such as paracetamol (pain relief) and cough remedies BUT we ask you to inform us if you are not feeling well so that we can help you get suitable treatment

We also need to inform you that under British law people under 18:

- are not allowed in night clubs
- cannot buy or drink alcohol and cannot buy tobacco

In the event of you not abiding by any of the above rules the Globe reserves the right to terminate the course and send you home at your expense.

## EXETER AND SURROUNDING AREA

### **Description and history**

Exeter is a small intimate city brimming with colourful character and steeped in ancient history. Whilst it offers all the variety and facilities of a large cosmopolitan city, Exeter is surrounded by rolling acres of lush green Devonshire countryside within a few minutes' drive of the centre. Exeter has a population of 120,000, 10% of which are students.

With both a cathedral and university to improve its intellectual credentials, the city stands out above the rural communities that surround it. Its low crime rate, low pollution and location on all main travel routes (motorway, air and train systems) make it a pleasant and convenient place to stay, surrounded by pretty villages. A recent university survey placed it number one for quality of life among towns with a population of fewer than 250,000.

### **Public Transport**

Exeter has a good network of buses and trains for both local and long distance services. There are bus routes which cover the entire city and also routes to outlying towns and villages. Eight railway stations also provide a comprehensive service, linking each area of the city to the others. Bus passes, which provide unlimited local travel, are available from reception costing approximately £12 a week.

### **Sport**

Exeter has a comprehensive selection of sports and leisure facilities including sports centres, running tracks, indoor bowling greens, a golf course and a driving range, swimming pools, sports pitches and an artificial turf pitch.

The local rugby team are the Exeter Chiefs who play at Sandy Park, on the outskirts of the city. The local football team is Exeter City. Their stadium is St James' Park which is north of the city centre, about 10 minutes' walk from the Globe.

### **Arts and culture**

Arts and culture thrive in Exeter with a year-round programme of concerts, exhibitions, entertainment, recitals, musicals and theatre. There are 3 cinemas, 3 theatres, an Arts centre and a newly-refurbished museum, which was recently voted best museum in Britain.

### **Employment and industry**

Exeter is the capital city of Devon. Local industries are mainly agricultural, but also with manufacturing industries and of course, the industrial estates house many regional headquarters for national and international businesses including insurance, water, and electricity companies. The county courts are also situated in Exeter. Airport and tourist attractions in and around the city are seasonally very busy. The national Meteorological Office is also located in Exeter.

## THINGS TO DO IN EXETER

There are many things to do in Exeter as well as interesting and varied events throughout the year. Please collect leaflets from Reception for information and advice about what you can do in Exeter. Note however that pubs have become stricter and that most do not accept teenagers under 18. Therefore we suggest that you check before you arrange to meet your students aged under 18 in a pub.

In addition to the evening activities put on for you and your students, we also have a social programme for students in the Adult School which you are very welcome to attend. Please see the Social board in the Adult common room for further information. There is a charge for this.

### NIGHTCLUBS

<b>Timepiece</b> , Little Castle Street	0044 1392 493096	<a href="http://www.timepiecenightclub.co.uk">www.timepiecenightclub.co.uk</a>
Cavern Club, Queen Street	0044 1392 495370	<a href="http://www.exetercavern.com">www.exetercavern.com</a>
Move, 4 The Quay Exeter	0044 7889 007737	<a href="http://www.move-exeter.co.uk">www.move-exeter.co.uk</a>
Bar Venezia, 61 Waterside, The Quay	0044 1392 423688	<a href="http://www.barvenezia.co.uk/salsa">www.barvenezia.co.uk/salsa</a>
Rosies, Mary Arches Street	0044 1392 271586	<a href="http://www.rosies-exeter.com/exeter">www.rosies-exeter.com/exeter</a>

### LOCAL PUBS, CAFES AND RESTAURANTS

The Mulberry Tree, St David's Hill	0044 07957 195770	<a href="http://www.mulberrytreecafe.com">www.mulberrytreecafe.com</a>
The City Gate (Pub Food), Lower North Street	0044 1392 495811	
The Gandhi (Indian), Clock Tower	0044 1392 272119	
The Conservatory , North Street	0044 1392 273858	
The Imperial, New North Road	0044 1392 434050	
Mill on the Exe (British), Bonhay Road	0044 1392 214464	

**There are many more cafes and eating places in Gandhi Street, around the Cathedral Close, the Guildhall and the Princesshay shopping centres. There are also a few good places down Fore Street and South Street.**

### CINEMA AND THEATRE

Odeon Cinema, Sidwell Street	0044 871 224007	<a href="http://www.odeon.co.uk/cinemas/exeter">www.odeon.co.uk/cinemas/exeter</a>
Picture House Cinema, Bartholomew Street	0044 1392 435522	<a href="http://www.picturehouses.com">www.picturehouses.com</a>
Vue Cinema, Cheeke Street	0044 7812 240240	<a href="http://www.myvue.com/cinema/exeter">www.myvue.com/cinema/exeter</a>
Phoenix Arts Centre, Gandy Street	0044 1392 667060	<a href="http://www.exeterphoenix.org.uk">www.exeterphoenix.org.uk</a>
Northcott Theatre, Stocker Road	0044 1392 726363	<a href="http://www.exeternorthcott.co.uk">www.exeternorthcott.co.uk</a>
Bike Shed Theatre, Fore Street	0044 1392 434169	<a href="http://www.bikeshedtheatre.co.uk">www.bikeshedtheatre.co.uk</a>
Cygnets Theatre, Friars Gate	0044 1392 277189	<a href="http://www.cygnetsnewtheatre.com">www.cygnetsnewtheatre.com</a>
The Corn Exchange, Market Street	0044 1392 665938	<a href="http://www.exetercornexchange.co.uk">www.exetercornexchange.co.uk</a>

**Please do not hesitate to ask for our help. Have an enjoyable stay!**